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\a flight plate formed in a central portion of the disc; 3 a transition area joining the annular rim to the flight plate and presenting a sloped 4 surface between the annular rim and the flight plate; 5 a first gripping surface formed of irregular surfaces in at least a first portion of the 6 transition area on an upper side of the disc; and 7 a second gripping surface formed of irregular surfaces in at least a second portion of 8 the transition area on a lower side of the disc; 9 wherein the first and second gripping surfaces provide frictional surfaces to a person 10 throwing the disc 11

- The disc as set forth in claim 1, wherein the first and second gripping surfaces 4. 1 are comprised of uni-directional surfaces.
- The disc as set forth in claim 1, wherein the first and second gripping surfaces 5. 1 are comprised of segmented, staggered, and uni-directional surfaces. 2
 - The disc as set forth in claim 1, wherein the first and second gripping surfaces 6. 1 have uni-directional surfaces to present a greater frictional force to movement along the disc 2 in a radial direction than to movement along the disc in a tangential direction. 3

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10. A disc for being thrown in the air for use with canines, comprising:

an annular rim formed along an outer periphery of the disc and having a diameter less

than 9 inches;

a flight plate formed in a central portion of the disc;

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a transition area joining the annular rim to the flight plate and presenting a sloped

6 surface between the annular im and the flight plate;

flight plate and transition area having a thickness greater than 0.90 inches;

wherein a ratio of a height of the flight plate to a diameter of the annular rim is less

9 than 1 to 9.

- 1 14. The disc as set forth in claim 11, wherein the first and second gripping surfaces
- 2 are comprised of uni-directional surfaces.

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- 15. The disc as set forth in claim 11, wherein the first and second gripping surfaces
- 2 are comprised of segmented, staggered, and uni-directional surfaces.
- 1 16. The disc as set forth in claim 11, wherein the first and second gripping surfaces
- 2 have uni-directional surfaces to present a greater frictional force to movement along the disc
- 3 in a radial direction than to movement along the disc in a tangential direction.